














































BELIEFS OF THE HEART
SCRIPTURE MEDITATION PLAN

OLD TESTAMENT























-  Narrative
-  Poetry
-  Major Prophet
-  Minor Prophet

-  Genesis
-  Hosea
-  Job
-  Exodus
-  Joel
-  Jeremiah (pt.1) Ch. 1-29
-  Deuteronomy
-  Song of Solomon
-  Numbers
-  Jeremiah (pt.2) Ch. 30-52
-  Amos
-  Obadiah
-  Joshua
-  Isaiah (pt. 1) Ch. 1-20
-  Lamentations
-  Judges
-  Ruth
-  Isaiah (pt. 2) Ch. 21-35
-  Micah

-  1 Samuel
-  Isaiah (pt. 3) Ch. 36-55
-  Ecclesiastes
-  2 Samuel
-  Isaiah (pt. 4) Ch. 56-66
-  1 Kings
-  Proverbs (pt.1) Ch.1-16
-  Nahum
-  Habakkuk
-  2 Kings
-  Ezekiel (pt.1) Ch. 1-25
-  1 Chronicles
-  Zephaniah
-  Haggai
-  2 Chronicles
-  Ezekiel (pt. 2) Ch. 26-33
-  Zechariah
-  Daniel
-  Ezekiel (pt. 3) Ch. 34-48
-  Esther
-  Malachi
-  Ezra
-  Proverbs (pt.2) Ch. 17-31
-  Nehemiah
-  Leviticus
-  Jonah






BELIEFS OF THE HEART
SCRIPTURE MEDITATION PLAN

NT LETTERS

-  1 Thessalonians
-  Galatians
-  James
-  2 Thessalonians
-  1 Corinthians
-  1 Peter
-  Philemon
-  Romans
-  1 John
-  2 Corinthians
-  2 Peter
-  Colossians
-  Ephesians
-  2 John
-  3 John
-  Philippians
-  1 Timothy
-  Hebrews
-  Titus
-  2 Timothy
-  Jude
-  Revelation

BELIEFS OF THE HEART
SCRIPTURE MEDITATION PLAN

NT NARRATIVES

-  Matthew
-  Mark
-  Luke
-  John
-  Acts

BELIEFS OF THE HEART
SCRIPTURE MEDITATION PLAN

MEDITATIONS

MEDITATION QUESTIONS

- What does this reveal about God? Why would God want to reveal it to me?
- What does it reveal about humanity, believers, and me?
- Why does this passage intrigue me? What about it stirs my curiosity?
- What would my life look like if I believed it were true?
- How does my culture twist, distort, or reject it? How has that affected me?
- Why don't I really believe this truth deep down? What stops me from embracing it?
- How does this truth make me love God more? How does it reveal his beauty?
- What do I need to change in order to realign my heart with this truth?

BELIEFS OF THE HEART
SCRIPTURE MEDITATION PLAN

MEDITATIONS

PARAPHRASE MEDITATION

- Read the verse; close your Bible; try to restate it; see what you missed.
- Read two or three other translations, examine their different word choices.
- Prayerfully write your own paraphrase in your own heart language.

INTERMINGLING MEDITATION

- Prayerfully read the verses you are intermingling.
- Ask how they complement, add to, enlighten, or even confuse each other.

- Write a prayer to God using elements from each of the verses.

STUDY MEDITATION

- Read the book quickly from a bird's eye view.
- Re-read the book slowly.
- Read it a third time, consulting commentaries, and make an outline.
- Ask what God says to you through the breadth of the book.

BELIEFS OF THE HEART
SCRIPTURE MEDITATION PLAN

PSALMS

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